

Kindness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DRAW A PICTURE AND GIVE IT TO SOMEONE	SAY SOMETHING KIND TO SOMEONE	BLOW SOMEONE YOU LOVE A KISS	SHARE A BOOK OR A TOY	HELP WITH THE GROCERIES	GIVE SOMEONE A HIGH FIVE	USE YOUR KIND VOICE FOR A WHOLE DAY
HELP AN ANIMAL REAL OR PRETEND	TAKE YOUR BREAKFAST DISH TO THE SINK	SAY HI TO THREE FRIENDS	HELP SOMEONE YOU LIVE WITH DO A CHORE	USE YOUR KIND VOICE FOR A WHOLE DAY	OFFER TO HELP CLEAN UP A SPACE	GIVE SOMEONE A BIG SMILE
TELL PEOPLE TO HAVE A NICE DAY	HELP WITH THE LAUNDRY	TELL SOMEONE TO HAVE A NICE DAY	SHARE YOUR TOYS WITH A FRIEND	GIVE YOUR PET OR STUFFY 5 PETS	HOLD THE DOOR OPEN FOR SOMEONE	READ OR TELL A STORY TO YOUR PET OR STUFFED ANIMAL
DRAW AND MAIL A PICTURE TO SOMEONE WHO LIVES FAR AWAY	HOLD THE DOOR OPEN FOR SOMEONE	READ OR TELL A STORY TO YOUR PET OR STUFFED ANIMAL	HELP MAKE LUNCH OR DINNER	PICK UP 5 TOYS	TAKE YOUR DISH OR CUP TO THE SINK	MAKE A CHEERFUL CARDS FOR FRIENDS OR FAMILY
HELP MAKE LUNCH OR DINNER	GIVE SOMEONE A HAND WITH THE LAUNDRY	OFFER TO HELP SOMEONE DO A CHORE	PLAY WHAT YOUR FRIEND OR SIBLING WANTS TO PLAY	TELL A FRIEND ONE THING YOU LIKE ABOUT THEM	CALL A FAMILY MEMBER AND TELL THEM SOMETHING KIND	PICK UP YOUR TOYS

